

# SYLLABUS

My Learning Train the course book which we are following is aligned to the National Curriculum framework, 2022 - based on developmental domains, milestones and learning outcomes. The curriculum focuses on development of skills, music & rhythms, animations, worksheets, flashcards, board games, play & fun, toys and learning.

It also encourages on changing the learning environment to activity centres for skills and understanding.

## Playgroup

### June to August

<b>Language :</b>	Introduction of simple vocabulary words. Recognition & Phonic drill : Letters Aa, Bb, Cc
<b>Rhymes :</b>	English - * Twinkle, Twinkle * Rain, Rain, go away * Johny, Johny * I hear thunder * ABC song * The dog says bow, bow * Teddy bear, Teddy bear * Chubby cheeks
	Hindi / Gujarati - * मछली जल की रानी * ABCD ઘોડા ઘોડાવો * बारिश * વારતા રે વારતા
<b>Number Work :</b>	Recognition & Counting : Nos 1, 2 & 3 Concept - Matching - Classification Sit - Stand Come - Go Big - Small Slow - Fast Shape : Circle
<b>General Knowledge :</b>	★ Animals : Recognition of Animals - Cow, Buffalo, Goat, Camel, Donkey, Cat, Dog, Horse, Lion, Tiger, Bear, Monkey, Elephant, Deer, Giraffe, Zebra, Rabbit, Fish, Tortoise, Crocodile, Snake, Frog  ★ Parts of the Body : - Recognition and Functions of different parts of Human Body Eyes, Ears, Nose, Tongue, Teeth, Hands, Fingers, Thumb, Legs, Feet, Toes, Stomach
<b>Project Talk :</b>	★ To wish Good morning, Good day, Good night ★ Use of May I - May I come in? - May I go to washroom? - May I drink water? ★ Cleanliness & Good Habits ★ Daily Routine ★ My School & My Classroom - Name of the School, Teachers & Masi ★ Rainy Season - Rainy wear, Peacock, Frog

**Festivals :** Gauri Vrat, Guru Purnima, Independence Day, Rakshabandhan

**Science Experience :** Sound - Instruments

**Drawing :** - Scribbling - A Circle ○ - A lollipop 🍭

**Creative Activity :** - Colouring, Printing, Pasting

**Physical Activity :** - To follow the simple instruction in English and do simple actions (clapping, tapping, standing, walking, running)  
- To run slow - fast - To do rangoli work  
- To walk - on a straight line - To thread the beads  
- on a bench - To mould clay  
- To jump at one place by keeping hands on the waist  
- To build the blocks

**Games :** - Toys - Free play  
- Running race - Passing the ball  
- Ring-a-ring-a roses - Oranges & lemon  
- Fire on the mountain - Train game

### September to December

**Language :** Oral  
Recognition & } : Letters Aa to Oo  
Phonic drill }

Pattern Writing : | , — , / , \

**Rhymes :** English - \* You shall have \* Two little hands  
\* Are you sleeping? \* Lollipop  
\* See - saw \* Baa, Baa, black sheep  
\* Mummy & daddy \* Bits of paper  
\* Me \* One, two, buckle my shoe

Hindi / Gujarati - \* उपर पंखा \* વડલા ડાળે વાંદરા ટોળી  
\* गुलाबी परी \* ચકીબેન ચકીબેન  
\* खुली सड़क पर

**Number Work :** Oral  
Recognition } : Nos. 1 to 7  
& Counting }  
Concept : - Matching - Seriation - Classification  
In - Out Start - Stop  
Up - Down Hot - Cold  
Shape : Triangle

**General Knowledge :** ★ Colours : Recognition of Colours (Red, Green, Yellow, Blue, White, Pink, Purple, Black, Brown, Orange)

- ★ Fruits : Recognition and colours of fruits  
(Apple, Banana, Mango, Grapes, Orange, Watermelon, Kiwi, Chickoo, Strawberry, Pineapple, Pomegranate, Guava)
- ★ Vegetables : Recognition and colours of vegetables  
(Potato, Tomato, Brinjal, Onion, Chilly, Lady's Finger, Carrot, Cabbage, Cauliflower, Cucumber, Lemon, Beet-root)

**Project Talk :**

- ★ Myself : Boy / Girl - Name
- ★ My Family : Father, Mother, Brother, Sister
- ★ Days of a Week
- ★ My Birthday
- ★ Zoo
- ★ Actions : Jumping, Running, Walking, Crying, Smiling, Eating, Drinking, Clapping
- ★ Winter Season - How do we feel?  
- Winter wear

**Festivals :** Janmashtami, Ganesh Chaturthi, Teacher's Day, Gandhi Jayanti, Navratri, Diwali, Christmas

**Science Experience :** Water - Introduction - Importance - Uses

**Drawing :**

- The Sun 
- A Caterpillar 
- A Ball 
- A Balloon 
- A Candy 
- Free Drawing

**Creative Activity :** Colouring, Printing, Pasting

**Physical Activity :**

- To Walk - on a straight line by balancing the ring
- on & in between two wavy parallel lines
- on toes
- Folding (paper, handkerchief and apron)
- To climb & jump from a bench
- To balance & walk on two bricks
- To balance on one leg - Aiming game
- To catch & throw a ball - To thread the beads
- To do rangoli work - To mould clay
- To build the blocks - Building a pyramid

**Games :**

- Toys - Free Play - 1 minute game
- In & out - Teacher says - Colour game
- Elephant race - Stacking rings - Rabbit race
- Passing the parcel - Musical chair - चप्पा चोरी
- Flag race

**January to April**

**Language :**

<ul style="list-style-type: none"> <li>Oral</li> <li>Recognition &amp;</li> <li>Phonic drill</li> </ul>	}	- Alphabet Aa to Zz
---	---	---------------------

Pattern Writing : C , D , U , N

**Rhymes :** English - \* Two twin aeroplanes \* Jack & Jill  
\* Ding dong bell \* ABC tumble down  
\* Two little dicky birds \* London bridge is  
\* Hickory Dickory \* Engine engine no. 9  
\* Hop a little \* Humpty Dumpty

Hindi / Gujarati - \* सूरज \* ખાતી નથી પીતી નથી  
\* घड़ी \* રંગીલા રંગીલા પતંગીયા  
\* हाउस रे हाउस

**Number Work :** Oral  
Recognition & Counting } - Nos. 1 to 10  
Concept : - Matching - Seriation  
- Classification - Pattern Making  
Open - close Long - short Tall - short  
On - under More - less

Shape : Square

**General Knowledge :** ★ Birds : Recognition and voice of Birds  
(Sparrow, Pigeon, Parrot, Peacock, Crow, Cock, Duck, Hen, Ostrich)




★ Means of Transport : Recognition of means of transportation (Bullock Cart, Camel Cart, Horse Carriage, Bicycle, Scooter, Autorickshaw, Car, Bus, Van, Jeep, Truck, Train, Aeroplane, Helicopter, Boat, Ship)

★ Our Helpers : Recognition of our Helpers  
(Teacher, Doctor, Nurse, Barber, Tailor, Traffic Police, Policeman, Carpenter, Cobbler)

**Project Talk :** ★ Pairs ★ Sky ★ Garden  
★ Clothes ★ Picture reading  
★ My house & domestic articles (Naming different articles)  
★ Summer Season - How do we feel?  
- Summer wear  
★ Safety ★ Months of the year

**Festivals :** Uttarayan, Republic Day, Mahashivratri, Holi - Dhuleti

**Science Experience :** Air - Introduction, Feel, Experiment

**Drawing :** - A Smiling face  - A Cat's face  - A Flower   
- A Candle  - A Watermelon  - Free drawing

**Creative Activity :** Colouring, Printing, Pasting

**Physical Activity :**

- To pin up clips on a string
- To balance & walk on one brick
- To push and pull a small chair
- To jump in the series of circles
- To jump and touch the hanged objects
- To roll on the carpet
- To do rangoli work
- Pouring water in a glass
- To thread the beads
- To build the blocks
- To mould clay

**Games :**

- Frog race
- Sparrow flies
- Threading the beads race
- Bowling pins
- To throw the ball in the basket
- Free play
- Hopping race
- Isket & Tasket
- Block race
- Fire on the mountain

